

## Degree Pathway

### A.A.S. in Massage Therapy - Catalog Year 2021-22

The number of credits you take each year will determine when you graduate. To graduate on time, you are strongly encouraged to enroll in at least 30 credits toward your degree during the calendar year, including fall and spring semesters and winter and summer sessions. This Degree Pathway is designed for students who place into **developmental English and math**. An additional pathway is available for students who place into ENGL-101 and MA-321. Please see the degree website or your advisor for more information.

Courses in **Bold Text** are prerequisites for later courses and should be taken where indicated in the sequence.

#### Summer or Spring Semester Prior to Starting Massage Therapy Coursework

| <b>Courses</b>   | <b>Credits</b>   | <b>Prerequisites and Corequisites<sup>1</sup></b>  |
|--|------------------|--|
| <b>ENGL-101 English Composition I (ALP section)</b><br>(Required Core 1A - English Composition)                  | 3                | Pre/corequisite: Must satisfy developmental requirement in English or be co-enrolled in BE-102 |
| <b>ENGL-99 Developing Competence in College Reading, Writing, &amp; Study Skills</b>                             | 0 (4 eq.)        | Corequisite: ENGL-101  |
| <b>MA-321 Mathematics in Contemporary Society</b><br>(Required Core 1B: Mathematical and Quantitative Reasoning) | 3                | Pre/corequisite: Must satisfy developmental requirement in math or be co-enrolled in MA-321ALP |
| <b>MA-321 ALP Mathematics in Contemporary Society</b>  | 0 (2 eq.)        | Corequisite: MA-321  |
| <b>Total credits for the term</b>  | <b>6 + 6 eq.</b> |  |

#### Fall Semester #1

| <b>Courses</b>   | <b>Credits</b> | <b>Prerequisites and Corequisites<sup>1</sup></b>            |
|--|----------------|--|
| <b>BI-301 Anatomy and Physiology I<sup>2</sup></b><br>(Required Core 1C: Life & Physical Sciences) | 4              | Prerequisite: Complete developmental requirements in English |
| <b>BI-330 Myology</b> (Offered Fall only)  | 3              | Prerequisite: Complete developmental requirements in English |
| <b>HA-100 Foundations of Therapeutic Massage</b>   | 3              | Prerequisite: Complete developmental requirements in English |
| <b>HA-102 Western Massage Therapy I</b> (Offered Fall only)  | 2              | Corequisite: BI-301 (C or better)                            |
| <b>Total credits for the term</b>  | <b>12</b>      |  |

### Spring Semester #1

| Courses  | Credits   | Prerequisites and Corequisites <sup>1</sup>                    |
|--|-----------|--|
| ENGL-102 English Composition II<br>(Required Core 1A: English Composition)                   | 3         | Prerequisite: ENGL-101 or placement                            |
| <b>BI-302 Anatomy and Physiology II<sup>2</sup></b><br>(Flexible Core 2E - Scientific World) | 4         | Prerequisite: BI-301 (C or better)                             |
| <b>BI-331 Kinesiology</b> (Offered Spring only)  | 3         | Prerequisite: BI-330 (C or better) or permission of instructor |
| <b>HA-101 Eastern Massage Therapy I</b> (Offered Spring only)                                | 2         | Corequisite: BI-301 (C or better)                              |
| <b>HA-104 Western Massage Therapy II</b> (Offered Spring only)                               | 2         | Prerequisite: HA-102 (C or better); Corequisite: BI-331        |
| <b>Total credits for the term</b>  | <b>14</b> |  |

### Fall Semester #2

| Courses   | Credits   | Prerequisites and Corequisites <sup>1</sup>  |
|---|-----------|--|
| <b>BI-325 Neurophysiology</b> (Offered Fall only)   | 3         | Prerequisite: BI-301 and BI-302 (all C or better)  |
| <b>HA-103 Eastern Massage Therapy II</b> (Offered Fall only)                                | 2         | Prerequisite: HA-100, HA-101, and BI-301 (all C or better)                               |
| <b>HA-202 Western Massage Therapy III</b> (Offered Fall only)                               | 2         | Prerequisite: HA-104 (C or better); Corequisite: HA-203                                  |
| <b>HA-203 Massage Practicum I</b> (Offered Fall only)                                       | 2         | Prerequisite: BI-331 (C or better); Corequisite: HA-220 and HA-202                       |
| <b>HA-220 Pathology for Massage Therapy</b> (Offered Fall only)                             | 3         | Prerequisite: BI-302 and HA-104 (all C or better); Corequisite: BI-325                   |
| Social Science or History elective<br>Choose one course from Flexible Core 2A, 2B, 2D or 2E | 3         | Pre/corequisite: Complete developmental requirements in English or co-enroll in ENGL-101 |
| <b>Total credits for the term</b>   | <b>15</b> |  |

### Spring Semester #2

| Courses  | Credits   | Prerequisites and Corequisites <sup>1</sup>  |
|--|-----------|--|
| <b>HA-205 Professional Issues in Massage Therapy</b> (Offered Spring only) | 2         | Corequisite: HA-204  |
| <b>HA-204 Massage Practicum II</b> (Offered Spring only)                   | 3         | Prerequisite: HA-203 (C or better); Corequisite: HA-221                                  |
| <b>HA-221 Pathology for Massage Therapy II</b> (Offered Spring only)       | 3         | Prerequisite: HA-220 (C or better)   |
| <b>Choose one Massage Therapy elective – see table below</b> (Spring only) | 2         | See table below  |
| PSYC-101 Psychology <sup>2</sup><br>(Flexible Core 2E - Scientific World)  | 3         | Pre/corequisite: Complete developmental requirements in English or co-enroll in ENGL-101 |
| <b>Total credits for the term</b>  | <b>13</b> |  |
| <b>Total credits required for the A.A.S. in Massage Therapy</b>            | <b>60</b> |  |

Notes:

1. Prerequisites for a course must be passed before taking the course. Corequisites must be passed before taking the course or taken along with the course.
2. Certain required courses also fulfill core requirements. If students do not take those courses to satisfy the specified areas of the common core, they will still have to complete those courses (as additional credits) to fulfill degree requirements.
  - Students must obtain liability insurance for BI-330, BI-331, and many HA courses. Check with your advisor or the Massage Therapy faculty.
  - Students are encouraged to take some courses in summer and Winter sessions; check with advisers
  - Certain HA and BI courses are offered only in the fall or spring semesters.
  - A minimum grade of C is required for all HA and BI courses to advance to the next course. A minimum grade of C is required for all HA and BI courses to earn the degree.
  - All students must complete two (2) WI designated classes to fulfill degree requirements.

Elective courses

| Elective courses              | Credits | Prerequisites and Corequisites  |
|-------------------------------|---------|---|
| HA-206 Pregnancy Massage      | 2       | Prerequisites: CPR and First Aid Certification, BI-302, BI-331, HA-101, and HA-104; or permission of instructor   |
| HA-207 Hospital-Based Massage | 2       | Prerequisites: CPR and First Aid Certification, medical clearance, liability/malpractice insurance, BI-302, BI-331, HA-101, and HA-104; or permission of instructor |
| HA-208 Sports Massage         | 2       | Prerequisites: CPR and First Aid Certification, BI-302, BI-331, HA-101, and HA-104; or permission of instructor   |
| HA-209 Thai Massage           | 2       | Prerequisites: CPR and First Aid Certification, BI-302, BI-331, HA-101, and HA-104; or permission of instructor   |